

# Florida Key

NESTLED ON THE NORTHERN TIP OF MIAMI BEACH,  
BAL HARBOUR VILLAGE REGALES WITH A LIVELY ART SCENE,  
LAVISH DINING AND THE KIND OF SHOPPING DREAMS ARE MADE OF  
BY RACHEL JOHNSTON



**STAY**  
Firmly plant yourself at the opulent **St. Regis Bal Harbour**—a five-star luxury resort boasting private 600-square-foot oceanfront villas with push-of-a-button service (ask for Philip or Wagner), Greek-inspired dining at **Atlantikos** resto, nightly Champagne sabering at the ritzy live-jazz bar and lounge-adorned balconies with epic coastal views. [Stregisbalharbour.com](http://Stregisbalharbour.com)

**SHOP**  
With aquarium-lined flooring, lush greenery and art installations, **Bal Harbour Shops** offers luxury perusing to the max. **Tiffany, Stella and Tori** (among many others) will keep you company, and stay keen for celebrity sightings (word is J.Lo lives nearby). [Balharbourshops.com](http://Balharbourshops.com)



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# les amis du FROMAGE



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**SPA**

Conveniently situated on site at the St. Regis, the très chic **Remède Spa** features Finnish saunas, a Vichy shower room and such posh treatments as a 24-karat designer facial and Hungarian moor-mud body wrap. Indulge in a blissful full-body massage, fully customized and finished with a paraffin foot wrap. [Stregisbalharbour.com/remede-spa](http://Stregisbalharbour.com/remede-spa)

**SEE**

With Miami playing host to the internationally renowned annual Art Basel show, Bal Harbour Village offers its own say on the subject. Borrow a bike from the hotel and cruise along beach paths to nearby galleries and public artworks, like the Rotorelief exhibit by Robert Chambers, featuring a real helicopter (on until November). Make it a day trip with a visit to the **Museum of Contemporary Art North Miami**—just a 15-minute zip away. [Mocanomi.org](http://Mocanomi.org)



**SAVOUR**

A stone's throw from the resort, **Le Zoo's** breezy terrace offers lunch (or brunch!) perfection awash with Parisian décor and tropical foliage. Dive deep into fresh sea fare such as tuna tartare or the ironically named "petite plateau" piled high with just-caught lobster, oysters, clams and others of the crustacean variety. Don't forget to hydrate with a pineapple-soaked Chartreuse Swizzle. [Lezoo.com](http://Lezoo.com)



**SIP & SNACK**

Saunter across the street for a dusk-y cocktail at the **Grill at Bal Harbour**, overlooking the comings and goings of the shops. Try the Jackrabbit—a minty smash of reposado tequila (**Herradura**, we hope!), **Campari**, grapefruit and house-crafted sweet-and-sour syrup. Feeling peckish? When in season, ask for the grilled artichokes house specialty: "red label" heirloom, sourced from California and served with a tangy dipping sauce. [Grillatbalharbour.com](http://Grillatbalharbour.com)



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